

# Sterile Processing Technician Bootcamp



**Fee:**  
\$3450



**Duration:**  
16 Weeks



**Certification:**  
Certified Registered Central  
Service Technician (CRCST)



**Issuing Authority:**  
Healthcare Sterile  
Processing Association (HSPA)

## PROGRAM DESCRIPTION

Sterile Processing Technicians play a critical role in ensuring the cleanliness, sterility, and functionality of surgical instruments and equipment. The Sterile Processing Technologist Bootcamp is designed to equip individuals with the essential knowledge and skills needed for a successful career in sterile processing. This comprehensive program covers various aspects of sterile processing practice, emphasizing the importance of maintaining aseptic conditions to prevent infections and support safe surgical procedures. Students will be trained in all aspects of sterile processing practice.

## PROGRAM OBJECTIVES

- Develop a foundational understanding of the role and significance of sterile processing in healthcare settings. Familiarize yourself with the current best practices, ways and processes in sterile processing.
- Acquire proficiency in medical terminology relevant to sterile processing. Learn abbreviations, acronyms, and procedures associated with instruments, equipment, and materials used in the sterile processing workflow.
- Gain a working knowledge of basic anatomy and physiology to comprehend the relationship between surgical procedures and sterile processing.
- Master decontamination principles and procedures for the effective removal of contaminants and biohazardous materials from surgical instruments and equipment.
- Acquire skills in assembling surgical instrument trays and packaging with precision and accuracy. Understand the organizational principles behind instrument sets for various surgical procedures.
- Demonstrate proficiency in quality monitoring, steam sterilization, V-Pro low temperature sterilization, 3M attest auto reader and others. Learn the essentials of monitoring and validating sterilization processes to ensure compliance with quality assurance standards.

## CONTENT OUTLINE

COURSE	WEEKS	HOURS
1- Introduction to Sterile Processing	1, 2	14
2- Medical Terminology	3	8
3- Anatomy and Physiology	4	14
4- Microbiology	5, 6	16
5- Preparation & Packaging	7, 8	20
6- Cleaning, Decontamination & Disinfection	9, 10	24
7- Sterilization Process	11	20
8- Sterile Storage & Inventory Management	12	15
9- Customer Relations	13	7
10- Patient Care Equipment	14	14
Career Prep Course, Coaching and Exam Prep	15	12
Certification Preparation	16	12
<b>(Total Hours Without Externship 184)</b>	<b>16</b>	<b>184</b>

Please note that this program might not be available in your state.  
Refer to [State Restrictions](#) page to confirm.

Please read the given information carefully and for further information or inquiries, please reach out to Wajiha Saad, at [Wajiha.saad@healthtechacademy.org](mailto:Wajiha.saad@healthtechacademy.org) or (512)-788-9466.



## STUDENT RESOURCES

- Online Learning Platform
- Discussion Forum
- Procedure / Skills Videos
- Practice Exams



## ONE-ON-ONE COACHING

- 5 mandatory coaching sessions with an industry expert
- Get help with any content queries
- Learn from the industry insights



## CAREER SERVICES

- 1-1 Career Service Advising
- Career Preparation Course
- Professional Profiles Building
- Interview preparation



## EXTERNSHIP SUPPORT

- Guide to securing an externship
- Job / Externship Board Assistance
- Employer Communication Assets

## CERTIFICATION REQUIREMENT:

The students must complete **400 hours** of hands-on experience in a CS (Central Services) department within 6 months of the certification

## EXAM, EXAM PREPARATION & BOOK:

CRCST Book Set - 9th Edition by HSPA  
The textbook is provided by Health Tech Academy which is included in the cost of the program

Upon successfully completing the program, students will be awarded a "Health Tech Academy Certificate of Program Completion" and will receive an official transcript. While the certificate confirms training completion, it's not a nationally recognized certification. Students are encouraged to take and pass the national certification exam through the relevant authority for official recognition in their field.